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Pelvis. The sacroiliac joints form the "key" of the arch between the two pelvic bones; with the symphysis pubis, they help to transfer the weight from the spine to the lower limbs and provide elasticity to the pelvic ring (Figure 10-1). This triad of joints also acts as a buffer to decrease the force of jars and bumps to the spine and upper body caused by contact of the lower limbs with the ...

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