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~~Harriette R. Mogul, MD MPH, is an~~

~~endocrinologist, epidemiologist,~~

~~and early pioneer in women's~~

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spearheaded large national studies on women and weight more than twenty years ago.

*Harriette Mogul | Home*  
Enter Syndrome W, the book named for the metabolic condition caused by abnormal insulin levels commonly found in women aged 30 to 60. Dr. Harriette R. Mogul, the physician who discovered the condition, shows how it can be reversed when properly diagnosed and treated so you can regain your waistline!

*Syndrome W: A Woman's Guide to Reversing Midlife Weight ...*

The updated edition of this groundbreaking book explains clearly what you need to know

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about Syndrome W--a metabolic condition caused by an abnormality in insulin levels and commonly found in women in their thirties through sixties who have experienced midlife weight gain.

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By Eleanor Hibbert - Jun 27, 2020

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Many women do need drugs to counter their PCOS, and this book does not cover the "what next?" It is particularly lacking in information on infertility, which is the biggest reason PCOS is a problem for many women, and the way they find out they have it.

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*Syndrome W : a woman's guide to reversing midlife weight ...*

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